

Howard County Local Health Improvement Coalition
September 24, 2015 @ 8:30 am – 9:30 am
Potomac Room

Barbara Albert, HC Office on Aging
Mary Ann Barry, Transition Howard County
Paula Blackwell, FIRN
Leah Blain, Chase Brexton Health Services
Anne Brinker, Community Action Council
Jason Brown, Walgreens
Tara Butler, Healthy Howard
James Caldwell, Howard County Government
Maria Carunungan, HC Health Department
Liz Clark, Healthy Howard
Marsha Dawson, HC Dept. of Citizen Services
Jackie Douge, Howard County Health Dept.
Will Dunmore, HC Recreation & Parks
Wendy Farthing, HC office on Aging
Beverley Francis-Gibson, NAMI HC
Liddy Garcia-Buñuel, Healthy Howard
Beth Handy, MD Univ. of Integrative
Ruth Heltne, Y of Central Maryland
Stu Kohn, HC Citizens Association
Elizabeth Kromm, HC General Hospital
Christine Lothen-Kline, Health Prom. On Call
Jo McLaughlin, Transition Howard County
Kelly McMillan, Howard Community College
Rosimar Melendez, Horizon Foundation
Naa Minnoh, Healthy Howard
DeWayne Oberlander, Columbia Medical Prac.
Patricia Omaña, Healthy Howard
Shawni Paraska, Columbia Association

Max Pettis, ALFA Specialty Pharmacy
Deb Piez, Mental Health Association
Roe Rodgers-Bonaccorsy, HC Health Dept.
Maura Rossman, HC Health Department
Mike Senisi, HC Public School System
Kelli Shimabukuro, HC Library System
Steve Snelgrove, HC General Hospital
Kaya Swann, HC Citizen Services
Arleen Tate, Delta Sigma Theta
Antigone Vickery, HC Health Department
Barbara Wasserman, Community Member
Joan Webb Scornaienchi, HC DrugFree
Linda Zumbrun, HC Dept. of Social Services

Guests present:

Jillian Anderson, Healthy Howard
Bryan Johnson, On Our Own of HC
Leslie Kain, NAMI HC
Jessica Osima, Healthy Howard
Naglac Rezk, FIRN
Elizabeth Rosenberg, Humanim
Priyanka Shah, DHMH

Staff Present:

Alvaro Ortiz, LHIC Program Manager
Caryssa Thomas, CCT Admin. Assistant
Jeananne Sciabarra, LHIC Program Director

Meeting Minutes:

1. Welcome and Introductions:

- Opening Remarks (Maura Rossman & Steve Snelgrove (Co-chairs):
 - Thank you to LHIC members who have worked on HSCRC grant.
 - Need to address Behavioral Health:
 - HCGH involved in task for with state legislature for Behavioral Health.
 - So far 3 year commitment with possible expansion to 6.
 - Members include CEO's and Medical Directors of hospitals across the state, with plan to integrate more people.
 - Steve will continue to bring updates to future LHIC meetings.
- Approval of 3/26/15, 5/28/15 & 7/23/15 Minutes:
 - Motion to approve minutes was made and seconded.
 - Minutes approved for last three full LHIC meetings.
- Announcements:
 - LHIC New Member Handbooks:

- Have been completed and will be given out during workgroup meetings.
 - If more than one is needed for each organization please let Jeananne and Alvaro know as more can be given out.
 - Two new health resource guides, Fall Prevention (created by Community Care Team) and Access to Care (created by Access to Care Workgroup.)
 - Master Plan for Aging Population:
 - Office on Aging will hold presentation at next full LHIC meeting in November.
 - Healthy Aging workgroup will possibly meet for the first time after November full LHIC meeting.
 - LHIC Member Announcements:
 - DSS has created packets containing information on the budget, copy of new supplemental benefit insurance schedule. Information on DSS change to being open until 7 on two nights a month on the 1st and 3rd Tuesdays.
 - Health Department Bureau of Child Health left resources for parents and teens. Please check healthresources.org for additional resources.
 - NAMI of HC recruiting parents to attend basic classes for dealing with children who have been diagnosed with mental illness. Will send Jeananne schedule of events for mental health awareness.
 - A few spots are left on the baby and me program provided by the Columbia Association. 12 week program for pre/postnatal women.
 - Transition HC-Healthy Eating fest to be held at Howard Community College on 11/7/15 from 9 am-3 pm. Will discuss the connection between health and environment.
 - SHIP-Medicare open enrollment starting. Several health plans will be closing. Please encourage Medicare recipients to review their coverage and contact SHIP if they have any questions regarding the changes to come.
 - National drug take back day will be held on Saturday 9/26/15. Along with medications HC DrugFree will be collecting needles, syringes, and Epi-pens. Please check HCdrugfree.org for additional information.
 - Any additional member announcements please send to Jeananne and Alvaro to be included in the LHIC digest.
 - LHIC Website:
 - Plan to go live within the next couple of weeks.
2. HSCRC Planning Grant (Elizabeth Kromm):
- Population Health Model (health system transformation)
 - Initial focus on Medicare high utilizers as a start.
 - Core Events:
 - June and July identified current state gaps, to determine what would be an ideal system and what could feasibly be accomplished.
 - Creating Portal for community resources, plan to make resource finding, “one stop shopping.”
 - Final report and application for implementation funding both due on 12/7/15.
 - Steering Committee Meeting:
 - Met in mid August.
 - Revised plan structure was approved, (working off of Community Care Team model.)

- Core Setting Workgroups:
 - Primary Care
 - Acute Care
 - SNF
 - Items of Note:
 - Behavioral Health is at the top of mind of primary care centers.
 - Healthify.
 - Governance structure to oversee regional partnership activities.
3. Wellness Work Groups (Jim Caldwell):
- Two projects within government and community.
 - How to improve wellness program for HC government.
 - Insurance supplier to develop programs internally.
 - Community Effort:
 - Pull non health experts in as a focus group.
 - Focus on communication between program and getting information to the community.
 - Begin discussion on why residents aren't engaged in HC, and how to get more people engaged.
 - Plan to make bulleted recommendations as a focus group on ways to increase engagement and programs, from a lay persons perspective.
 - Progress:
 - Met morning of Wednesday 9/23/15.
 - Will meet again in October.
4. LHIC Community Forum (Stu Kohn):
- Tentatively scheduled for Thursday 3/24/16 5-8:30 pm @ Miller Branch of the HC Public Library.
 - Forum will be open to the public.
 - Currently looking for Community Forum volunteers to assist with:
 - Setting agenda.
 - Reaching out to speakers.
 - Selecting venue and food.
 - Advertising to public
5. FDA Proposed New Label Rule:
- Presentation (Liz Clark):
 - Plan to suggest one revision to language of FDA proposed new label rule:
 - Be more specific on recommendation.
 - Create sub-category of total sugars.
 - Include daily recommended value of added sugar.
 - LHIC Vote (Jeananne Sciabarra):
 - Motion to approve language revision.
 - Vote approved.
6. Work Group Reports:
- Access to Care:
 - HC has smallest uninsured rate in state at 5%.
 - Need to begin to focus on health insurance literacy; educating residents on how to better use insurance.
 - Engaged with UM Extension to host Smart Choice workshops.
 - Open enrollment begins 11/1/15-1/31/16.

- Walk in Wednesdays from 10:30 am – 6 pm., all other times with navigators will be by appointment only.
- MOU has been signed by FIRN, Chase Brexton and HCHD, so they can have certified Navigators at their locations.
- Healthy Weight:
 - Speaker for 10/22/15 meeting will be Executive Director from Moveable Feast, to discuss a possible partnership.

Submitted by,
Caryssa Thomas
CCT Administrative Assistant, Healthy Howard